

# Consultant

# Katrien Van der Heyden (Begian)

Katrien is a sociologist, psychotherapist and expert in gender, equal opportunities, development and diversity. She has a Masters in gender studies. She has almost 20 years of experience, covering field work with rural development projects in Africa (1990 – 1995 Nigeria and Zimbabwe) and work as an independent consultant in the field of gender and diversity (2001 – now) and as a researcher at the University of Antwerp (1996 – 2005). Her specialist fields are gender analyses, men and masculinity, (qualitative) gender in research and strategy (gender mainstreaming at project and institutional levels, strategic planning), training and facilitation of workshops, and management of projects. She has worked for bilateral cooperation organisations (BTC, Belgium), international NGOs (Medicus Mundi), for several Belgian, Flemish and local administrative Governments, as well as doing consultancy work for the European Institutions (EIGE, DG Research, etc...). She is the Belgian representative of the MenEngage network (www.menengage.org), is head of her own consultancy firm (Nesma Consulting) and senior consultant in the European consultancy group 'Engender'.

Mrs. Van der Heyden has an extensive experience as a trainer in 'gender in research' in over 50 locations in Europe and was expert in the team that developed the 'gender in research' toolkit.

## **CURRICULUM VITAE**

### PERSONAL INFORMATION

# Katrien Van der Heyden



Sint Reinhildisstraat 29, 2640 Mortsel, Belgium

★ Katrien.vanderheyden@gmail.com

www.nesmaconsulting.be

Sex Female | Date of birth 03/01/1968| Nationality Belgian

WORK EXPERIENCE

## From 2001 – to Present Senior Consultant, Director

Nesma Consulting, Sint Reinhildisstraat 29, 2640 Mortsel, Belgium

 Working as an independent consultant on the themes gender, equal opportunities and diversity.
 Business or sector Consultancy

### From 1996 – to 2005 Researcher

Universtity of Antwerp, Facutly of social and political sciences

 Doing various studies on migrant population Business or sector Academic

# From 1994 – to 1996 Country coordinator for Public Health projects in Zimbabwe

Medicus Mundi Belgium

• Coördination of public health projects in Zimbabwe Business or sector NGO's development sector

## From 1991 – to 1994 Logisitcs person for public health projects in Nigeria

Damiaanactie (Belgian NGO)

• Working as an independent consultant on the themes gender, equal





opportunities and diversity.

Business or sector NGO development sector

#### **EDUCATION AND TRAINING**

From 2005- to 2007 Psychotherapy training as transactional analyst

ANITA, Utrecht, Netherlands

Psychotherapy and organisational management

From 1998- to 2000 Masters in Gender studies

University of Antwerp- Belgium

Women's studies

From 1986- to 1990 Bachelor and Masters in Social and Political sciences.

University of Antwerp- Belgium

International politics, sociology

PERSONAL SKILLS

Mother tongue(s) Flemish (Dutch): Mother Tongue

English and French: Excellent

German: Basic

Communication skills • Excellent communication skills due to psychotherapy training

Have experience of working with non-violent communication techniques and

negotiation of conflicts

I have done many communication trainings in diverse settings

• Teaching the course 'Intercultural communication in a college adult education

program

Organisational / managerial skills • During psychotherapy training I specialised in organisational management

• I have been in the coordination team of several (EU) projects

Job-related skills • Specialisation in qualitative research

• Excellent training skills

Computer skills Good knowledge of both Apple and Windows system. Currently working with

Windows Office 10

B – Belgium

Driving licence • B – Belgiui

### ADDITIONAL INFORMATION

Publications Administrator at:
Presentations Engender vzw

Projects
Conferences
Rue Du Luxembourg, 23, Bte 8
1000 Brussels

Seminars Belgium www.engende

Honours and awards www.engender.eu

Memberships Member of the European Men Engage network References

**ANNEXES** 

Professional experience as a consultant





## Summary of research projects:

- Qualitative research on life histories of young highly educated muslims in Flandern, University of Antwerp
- Qualitative research on marriage patterns of Moroccan immigrants in Belgium, university of Antwerp
- o Qualitative research among migrant women in Flandern, University of Belgium
- o Gender stereotypes in 27 EU member states

## **EU projects:**

- 2015 and 2016:Evaluation of the End-FGM (Female Genital Mutilation) network Europe in January 2016.
- 2017: EIGE: production of a manual with guidelines on how to make any training gender sensitive, avoid sexism and treat participants equally. This manual will be published in the summer of 2017.
- 2017 ongoing: EU Daphne funded project: IMAGES: Project on 'Inspiring Male Action on Gender Equality in Europe'. Mrs. Van der Heyden does the monitoring and evaluation of this project.
- 2017: EU Daphne funded project: 'Men Speak out' involving Men in fighting FGM. Mrs.
   Van der Heyden does the monitoring and evaluation of this project.
- 2016: Baltic gender: Gender in research training and training on Gender Equality Plans to participants of the Baltic Gender Project.
- o 2015: GENDERNET report D3.12 on gender in research
- 2009 2014: DG research: Gender toolkit, expertise and training in research institutions
- 2013: EIGE (European Institute for Gender Equality): Review of the Institutional Capacity and Effective Methods, Tools and Good Practices for Mainstreaming Gender Equality in a few Selected Policy Areas within the European Commission, the EU Member States and Croatia (EIGE/2012/OPER/25-126A)
- 2012: Moderation / facilitation of several workshops in the study on the Role of Men in Gender Equality Supported by the European Community Programme for Employment and Social Solidarity (2007 – 2013) European Commission, DG JUSTICE, Unit for Gender Equal
- 2011: EIGE (European Institute for Gender Equality): Research project on men and women stereotypes in Europe, as sub contractor to Yellow Window. Core team member in charge of qualitative research methodology.
- o 2009: Europees project: Euréval, expertise think tank
- June 2005 2007: Evaluation gender INCO-DEV projects. European Commission DG Research.
- 2002-2007: Evaluation of the federal programme on ESF Objective 3 2001-2007. Midterm report and final report of 2002 to 2007

## Other projects:

- 2016 2018: Gender Mainstreaming of the public policies of the Brussels Capital Government.
- 2016: AEIDL: facilitation of TransNational ESF networks.
- 2016: Several training sessions on Diversity in the workplace
- 2016: Stanley Black&Decker: facilitation of planning process for diversity and inclusion plan.
- 2015: Gender stereotypes in the labour Market: study for the Government of Brussels Capital - Belgium
- 2014-2016: Federal institute for the equality of men and women: Gender mainstreaming trainings for several administrative units and cabinets.
- o 2015: Women's organization in city of Genk (Belgium): planning sessions and report
- 2015: Change management: facilitating the fusion process of 6 different organisations working with ethnic minorities in the city of Antwerp.
- 2013-2014: Federal ministry of employment: evaluation of trainings on welfare at work.
- o 2012-ongoing: Training 'gender in Research' on several locations in Europe.

